

I claim:

3. A dental impression tray, comprising :
  - an outer wall of deformable, non-memoric material of sufficient length to accommodate length of the average dental arch;
  - an inner wall arranged generally parallel with outer wall;
  - said inner wall comprising at least one break;
  - said inner and outer walls arranged generally horseshoe shaped;
  - a connecting member between said walls;
  - said connecting member comprising at least one break;
  - wherein sizing of tray is provided by deformation of outer wall.
4. The dental impression tray defined in claim 1 is made of plastic.
5. A dental impression tray, comprising :
  - an outer wall of deformable, non-memoric material of sufficient length to accommodate length of the average dentition;
  - an inner wall arranged generally parallel with outer wall;
  - said inner wall comprising at least one break;
  - said inner and outer walls arranged generally horseshoe shaped;
  - a connecting member between said walls;
  - said connecting member comprising at least one break, whereby a single molded piece transformably accommodates different size dental arches.
6. The adjustable impression tray as defined in claim 5, wherein said inner and outer walls are sufficiently short to accommodate dual arch impression technique.
7. The adjustable impression tray as defined in claim 5, wherein said connecting member is sufficiently thin to accommodate dual arch impression technique.